

Children/Teen Agenda



-Children Ages -12 Platte Room

Time-Session Name

7:45-8:00a.m. Drop Children off

8:15-9:20a.m. Classic Canvas-Optum

9:20-9:30a.m. Clean Up

9:30-10:30a.m. Don't Fear the Poke-NBDF

11:00-12:00a.m. Healthy Joints-Kevin/Brian

12:00-1:30p.m. Lunch/Movie

1:30p.m. Parents pick up unless joining roundtable

1:30-2:45p.m. Free play/Movie

-Teens ages 13-18 Scott's Landing

Time-Session-Location

8:00-8:45a.m. Main Session- Salon A

9:00-9:45a.m. Kevin & Brian- Scott's Landing Room

9:45-Break -Vendor Area- Salon A

10:00-10:45a.m. Classic Canvas- Scott's Landing Room

11:00-12:00p.m. Session with Brian/Kevin Platte Room

12:00-1:30p.m. Lunch- Salon A

**1:45-2:30p.m. *optional Roundtable Discussion
-Salon A**

**2:30-? p.m. Teen Activity to Escape Room
Contact Katelynn at 309-373-5540 for Questions**



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Annual Meeting

Saturday March 15, 2025

7:00 – 8:00 a.m. Registration Hallway

7:00-8:00 a.m. Breakfast Hotel

7:00am-1:00 p.m. Exhibit Time Hallway

7:45am-1:30 p.m. Childcare/Teen Program Begins
See Children/Teen Agenda

8:00-8:45 a.m. General Session Introduction
Lifeguards: Staying Upright-Kevin Harris

9:00-9:45 a.m. Breakout Sessions 1

*Aging with a Bleeding Disorder Salon E
*A Look Beyond the Needle Salon F

9:45am Break
Sponsored by BDH

10:00-10:45 a.m. Breakout Sessions 2

*Hemophilia Alliance 101 Salon E
*Rooted in Wellness Ladies Session Salon F
*Ripple Effect Men's Session Salon G

11:00-11:45 a.m. Breakout Sessions 3

*Hemophilia B Gene Therapy Salon G
*Stuck on You-K-Tape Basics Salon E

12:00-1:30 p.m. Lunch

Salon A
HTC Update/Board Report/Scholarships
Sponsored by Novo Nordisk and Community State Bank

1:45- 2:30 p.m. Roundtable Discussion*Optional
Salon A

6:00 – 8:00 p.m. Dinner

Salon A
Prior registration required.
Sponsored By Sanofi
Exhibit time Hallway



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BLEEDING DISORDERS
OF THE HEARTLAND



Session 1 Speakers and Topics

9:00-9:45 a.m.



***Aging with a Bleeding Disorder - Salon E** **National Bleeding Disorders Foundation-Mosi Williams**

While getting older is part of our lives, it often comes with new and unknown hurdles. This holds particularly true for the inherited blood and bleeding disorders community. This discussion-based workshop will explore what we have learned about aging with a bleeding disorder, while providing a space for sharing lived experiences. You will be provided with resources and skills to navigate the unknown.

***A Look Beyond The Needle - Salon F** **Sanofi-Christina Grey**

As we look Beyond the Needle for an essential understanding of the elements of at-home infusion, a Therapeutic Education Manager (TEM) will lead discussions on vein anatomy, mental & physical preparation, and provide other tips that can impact the infusion experience & maximize success with at-home infusions.

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BLEEDING DISORDERS
OF THE HEARTLAND



Session 2 Speakers and Topics-10:00-10:45a.m.

*Hemophilia Alliance 101 Salon E

Hemophilia Alliance-Jeff

The Hemophilia Alliance works to ensure member Hemophilia Treatment Centers have the expertise, resources and public support to sustain their integrated clinical and pharmacy services for individuals with bleeding and clotting disorders.

*Rooted in Wellness- Women's Session Salon F

CarePartners and Novo Nordisk-Mya & Brittany

The Healthy Living Workshop is a fun approach to wellness, nutrition, exercise, and mindfulness. As part of this workshop, participants will also plant succulents, adding a hands-on, calming activity that reinforces the importance of mindfulness and growth.

*Ripple Effect- Men's Session Salon G

Paragon-Kevin & Brian

Join us for a session of brotherhood, bonding, and meaningful conversations as we share experiences and build connections in a supportive space. You'll be leaving with your own self-made spice rub, great for grilling, smoking, or firing up those kitchen appliances!

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BLEEDING DISORDERS
OF THE HEARTLAND

Session 3 Speakers and Topics 11:00-11:45a.m.



***Hemophilia B Gene Therapy Salon G**

CSL Behring-Honey Blankenship

Treatment steps involved in gene therapy for Hemophilia B.

***Stuck On You - K-tape Basics Salon E**

Optum-Kimberly Baumann

This workshop teaches teens, families and adults about kinesiology tape (K-tape). Topics explore the makeup and uses for this therapeutic tape. Discussion includes how professionals may use it. Individuals also learn how to apply and safely remove K-tape. The session includes a demo and hands-on interaction.

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