

The BLOODLINE

NEWSLETTER



READ IN THIS 2026 ISSUE

Upcoming Events
Creative Ways to Show Support
Fundraisers
Events
Bleeding Disorder Education



BLEEDINGDISORDERS
OF THE HEARTLAND



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INSIDE THIS ISSUE

Executive Director's Letter (Brooke Loving)

Upcoming Annual Events for 2026

August 29 - Adult Retreat

Sept 19 - BDH Unite Walk

October 9-11 Regional Women's Event FAB

Oct 23-25 - Regional Men's Retreat

HFA Symposium

Thank You for Your Support

Teen/Young Adult Program

Creative Ways to Fundraise and Show Your Support

Educational Bleeding Disorder Articles NBDF

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**BLEEDINGDISORDERS
OF THE HEARTLAND**

The Bloodline is a publication of the Bleeding Disorders of the Heartland. The Bleeding Disorders of the Heartland is a voluntary education and advocacy organization which neither recommends nor endorses the products and services noted within this publication and does not make recommendations concerning treatment regimes for individuals. BDH suggests that you consult your physician or local treatment center before pursuing any course of treatment. The Bloodline is published four (4) times a year.



Brooke Loving
EXECUTIVE DIRECTOR

CONTACT BDH

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 (319) 721-1664

CHAPTER UPDATE

FROM THE EXECUTIVE DIRECTOR:

As summer comes to a close, I want to take a moment to reflect on the incredible impact we've made together. Thanks to the generosity of our sponsors, volunteers, healthcare partners, and families, we've had an amazing season filled with education, connection, and support.

Our medically supported Summer Camp once again provided children with bleeding disorders the opportunity to build confidence, develop independence, and create lifelong friendships in an environment where they felt understood. Watching campers replace fear with confidence and isolation with connection is a powerful reminder of why our work matters.

We're also excited to continue the momentum with upcoming programs, including our Adult Retreat, educational events, advocacy initiatives, and the Unite Walk. These opportunities strengthen our community while ensuring individuals and families have the resources they need to thrive.

As the funding landscape continues to evolve, Bleeding Disorders of the Heartland remains committed to expanding our impact, strengthening partnerships, and finding innovative ways to serve our community. None of this would be possible without your continued support, involvement, and belief in our mission.

Thank you for being part of the Bleeding Disorders of the Heartland family. Together, we are educating, connecting, and supporting those affected with bleeding disorders while building a stronger future for our community.

Blessings,
Brooke Loving



**FOR DETAILED
INFORMATION
VISIT
THE WEBSITE**
www.bdheartland.org

CONTACT BDH

✉ bdh_director@bdheartland.org

☎ [\(319\) 721-1664](tel:(319)721-1664)

UPCOMING EVENTS FOR 2026

Community Dinners

Check the website

Adult Retreat

August 29 Iowa City, Iowa

BDH Unite Walk

Sept 19 Clark Park, Hiawatha, Iowa

2026 FAB

Oct 9-11 Excelsior Springs, Missouri

Regional Men's Retreat

Oct 23-25 Des Moines, Iowa

Teen Retreat

Oct 23-25 Des Moines, Iowa



Scan here for
more details on
our events and to
register!

STEP RIGHT UP... AND DON'T MISS OUT!

There's still time to register for the
2026 STEP RIGHT UP UNITE FOR A CAUSE WALK!

TO RECEIVE YOUR T-SHIRT
YOU MUST REGISTER
AND MAKE A \$25 DONATION

BY
**AUGUST
20TH**

**DON'T WAIT—
THE COUNTDOWN IS ON!**

REGISTER TODAY, START OR JOIN A TEAM,
AND HELP US MAKE THIS YEAR'S WALK
OUR BIGGEST AND BEST YET!

★ NEW THIS YEAR! ★ **TEAM CAPTAIN CHALLENGE!** ★

For our Annual 2026 Walk – the team captain that raises the most money in the month of August will be awarded a
\$25 AMAZON GIFT CARD!



This will run from
**AUGUST 1, 2026 AT 1AM
TO AUGUST 31, 2026 AT MIDNIGHT!**



All donations must be entered
through your Unite
fundraising website!

★ **KEEP AN EYE ON OUR SOCIAL MEDIA TO SEE
WHERE YOU ARE ON THE LEADER BOARD!** ★



BLEEDING DISORDERS
OF THE HEARTLAND



Reach out to Amber at bdh_staff@bdheartland or (319)721-3477 if you have questions!



BLEEDING DISORDERS
OF THE HEARTLAND

TEE IT UP

FOR

BLEEDING DISORDERS

GOLF



REGISTRATION
7:15 AM



MINI SHOTGUN START
8:00 AM

THANK YOU TO OUR GENEROUS SPONSORS!

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DISORDERS
OF THE
HEARTLAND**
Educate. Connect. Support.

TEE it UP

for Bleeding Disorders



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ROOFING** INC.



ASAP
A Specialty Advocate Pharmacy



SOLEO
HEALTH®
Simplifying Complex Care



**MOTION
INDUSTRIES**

💧 *Your support makes a difference!* 💧

Together, we are making an impact in the lives of individuals
and families affected by bleeding disorders.

Thank you for helping us Tee It Up for a great cause!





BDH'S 2026 Adult Retreat

UNWIND & RECONNECT

CLICK TO REGISTER



Slow Down, Show Up, & Strengthen Your Circle



**August 29th -30th
Cedar Rapids, IA
Starts Saturday
at 1pm**

- **Meaningful conversations in a low-pressure environment**
- **Time to slow down and focus on yourself**
- **Opportunities to connect with others in the community**
- **Engaging activities and shared experiences**
- **Space to reflect, recharge, & build lasting connections**

For More Information

+319-721-1664

www.bdheartland.org



Connect with an **ALTUVIIIIO®** Peer Mentor

ALTUVIIIIO Peer Mentors are real patients or caregivers who have had similar experiences to yours.

You'll have the opportunity to:

• Ask questions • Hear firsthand experiences • Learn helpful tips • Get to know others in

the community.

“
Maybe it's because I've always had such great support, but **engaging with others** is the best way for me to stay happy.

—**AJ**—

AJ | ALTUVIIIIO patient

AJ is a promotional speaker compensated by Sanofi.

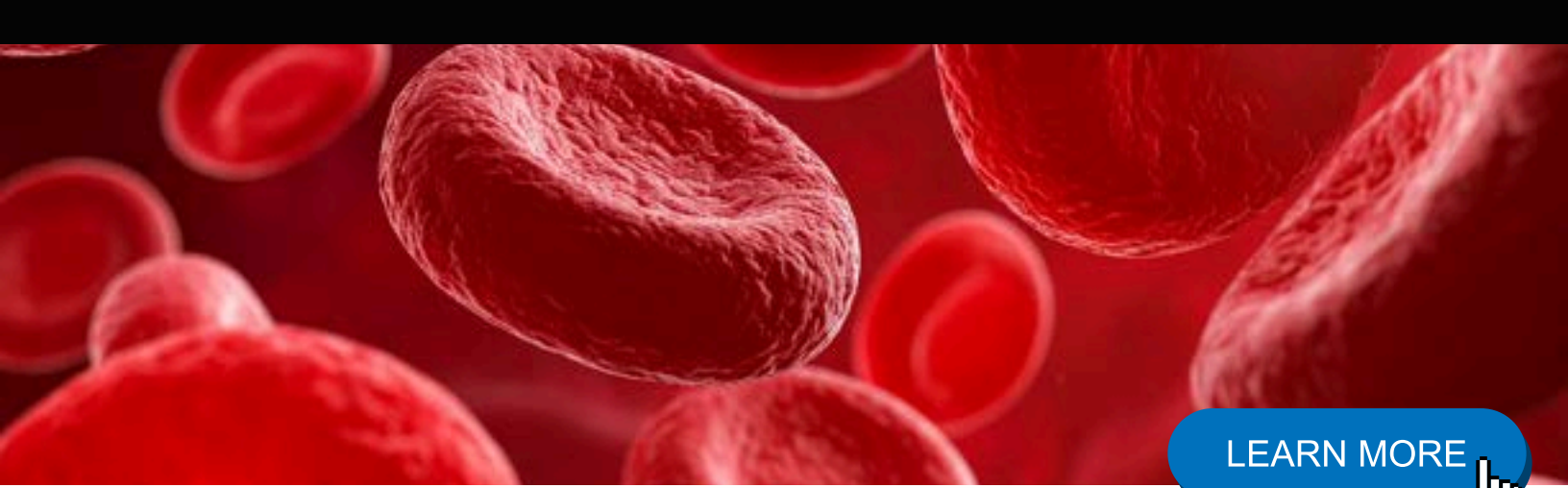


Sign up today to meet a Peer!

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MAT-US-2406912-v1.0-07/2024



LEARN MORE



First-Ever Recommendations Call for Routine Iron Screening in People with Bleeding Disorders

NBDF's MASAC addresses a long-standing care gap with new screening recommendation

Source: National Bleeding Disorders Website/Released June 16, 2026

Iron deficiency, with and without anemia, is the most common micronutrient deficiency around the world. People with bleeding disorders have a higher risk of developing these conditions due to blood loss from bleeding episodes. Until now, there were no standardized guidelines for screening for iron deficiency in people with bleeding disorders. That has changed with the release of NBDF's Medical and Scientific Advisory Council's (MASAC) new recommendations that give doctors and other clinicians clear guidance on how to address this issue.

Further, the document recommends a multidisciplinary approach to laboratory testing for iron deficiency and anemia, “including collaboration between primary care providers and specialists to ensure timely diagnosis, monitoring, and resolution of iron deficiency.”

The recommendation, which is available in full on NBDF's website, recommends that all individuals with an inherited bleeding disorder, including hemophilia, von Willebrand disease, rare factor disorders and platelet disorders, be routinely and periodically screen for iron deficiency and anemia irrespective of sex, age, or bleeding disorders severity.

MARK YOUR
CALENDAR
**SEPTEMBER
21ST**

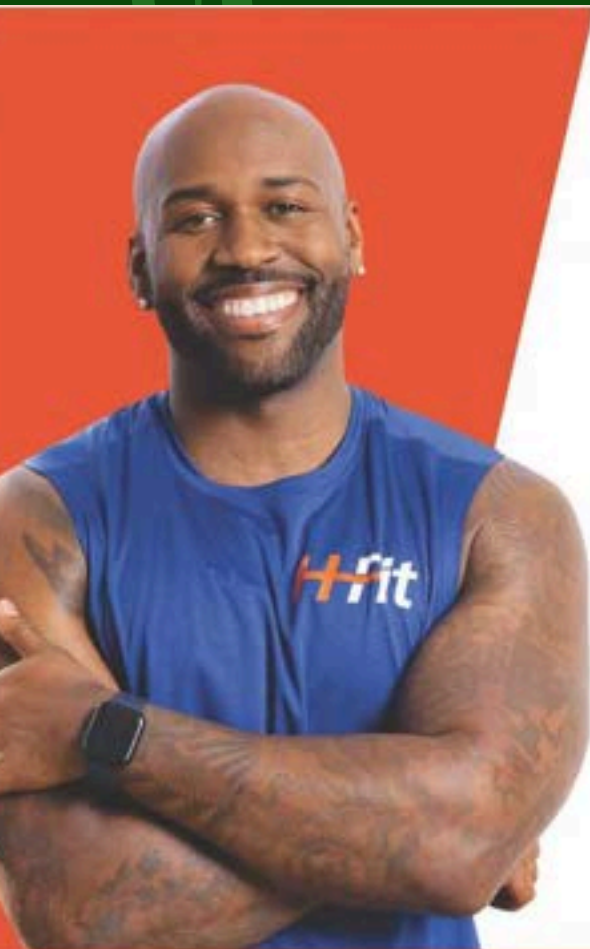


28%
OF SALES IS
DONATED BACK
TO BDH

ONGOING FUNDRAISER

Place your order for either pickup or delivery! Enter the fundraising code at checkout. This offer is available at all Panda Express locations across the country. Please share this information with friends and family! Watch Facebook for the monthly code and dates!

Keep an eye on Social Media and Email for
Upcoming Panda Fundraiser Dates!



H-Fit

with Dolvett Quince

Regular exercise is important. But moods vary. No two days are exactly the same. So we asked celebrity trainer Dolvett Quince to create a series of exercise videos called H-Fit. Each video features a different **hemophilia-friendly workout**. And each workout is built around a different mood. How are you feeling today? H-Fit has got you covered.

Always talk to your health care provider before starting any new exercise routine.



Scan for H-Fit.com

Sign up with Novo Nordisk and register at H-Fit.com to get **free access to the H-Fit video library.**



BLEEDING DISORDERS
OF THE HEARTLAND

National MedicAlert Awareness Month

For people living with **bleeding disorders**, a MedicAlert ID can be a lifesaving tool.

In an emergency, it speaks for you!





BLEEDING DISORDERS
OF THE HEARTLAND

STEP RIGHT UP

AND WALK FOR A CAUSE!

UNITE WALK 2026

SATURDAY, SEPTEMBER 19, 2026

CLARK PARK, HIAWATHA, IOWA

MARK YOUR
CALENDARS!

SPREAD
THE WORD!

NEW AND EXCITING
CHANGES COMING!

REGISTRATION
WILL OPEN IN 2026!

TELL YOUR
FRIENDS!

FUN ★ COMMUNITY
IMPACT

NEW LOOK! NEW WEBSITE!
SAME MISSION!



BLEEDING DISORDERS
OF THE HEARTLAND



Support BLEEDING DISORDERS OF THE HEARTLAND WITH PANDA EXPRESS!



MARK YOUR CALENDARS!
MONDAY, SEPTEMBER 21ST
AND HELP MAKE A DIFFERENCE,
ONE MEAL AT A TIME!



Our Panda Express Community Fundraiser is a **NATIONWIDE EVENT**, which means anyone, anywhere in the U.S. can participate by ordering online or through the Panda Express app.



HERE'S HOW YOU CAN HELP:



1. ORDER
from Panda Express
on September 21st.



2. ENTER
Fundraiser Code:

9015653

in the Fundraiser Code box
during online checkout at
www.pandaexpress.com
or in the Panda Express App.



3. SUPPORT

A portion of your purchase
will support the programs
and services of Bleeding
Disorders of the Heartland.



PLEASE SHARE! Share this fundraiser with your family,
friends, coworkers and social media networks!

The more people who participate, the greater
the impact we can make for individuals and
families affected with bleeding disorders.



Thank You!

Thank you for helping us educate,
connect, and support those affected
with bleeding disorders, one delicious

WE ARE FAB

*Females and
Bleeding Disorders*

2026 CONFERENCE

A weekend of connection, education,
and empowerment for women
impacted by bleeding disorders.



CONNECT with other women
who understand.



LEARN from expert speakers
and engaging sessions.



BUILD confidence, advocacy
skills, and community.



LEAVE feeling empowered,
supported, and inspired.

Join Us!

STRONG. SEEN. SUPPORTED.



OCTOBER 9–11, 2026



Registration closes SEPTEMBER 9TH!

Space is limited!

You Belong Here.

This is more than a conference—
it's a community.



REGISTER TODAY!

[https://lp.constantcontactpages.com/
ev/reg/as9by4v](https://lp.constantcontactpages.com/ev/reg/as9by4v)

QUESTIONS?



319-721-1664



www.bdheartland.org



THANK YOU TO OUR SPONSORS!

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REGIONAL MEN'S EVENT

OCTOBER 23-25

DES MOINES, IOWA

JOIN US FOR A LAID BACK WEEKEND TO RELAX, RECHARGE, AND CONNECT WITH OTHER MEN WHO TRULY UNDERSTAND LIFE WITH A BLEEDING DISORDER OR CARING FOR SOMEONE WHO DOES.

➤ CONNECTION

➤ SUPPORT

➤ EDUCATION



REGISTER UNDER THE
EVENTS TAB AT
WWW.BDHEARTLAND.ORG

CLICK TO REGISTER

Join us in Des Moines, Iowa for a Regional Men's Event at a VRBO. This event is designed for **connection, relaxation, and real conversation.**

This is your chance to kick back, recharge, and spend time with other men from across the Midwest who truly understand life with a bleeding disorder or caring for someone who does.

With a mix of planned activities and downtime, it's all about building connections, sharing experiences, and enjoying a laid-back weekend together.

Registration includes meals, activities and lodging.



THANK YOU!

2026



FINANCIAL FOUNDATIONS



Teen Programming Sponsors

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CSL Behring



Plan for Success

- ☒ Set Goals
- ☒ Save Money
- ☒ Build Skills
- ☒ Invest in Your Future



COFFEE

The Bleeding Disorders of the Heartland has its exclusive coffee blend crafted by Blue Strawberry, a local business in Cedar Rapids. Purchasing this coffee helps fund our organization.

Get your coffee today!

**GROUND
AND
WHOLE
BEAN**



**GO TO
THE
WEBSITE**

CLICK HERE TO ORDER.





2026 BDH FAMILY EDUCATION DAY

As we wrap up our 2026 BDH Family Education Day, our hearts are full of gratitude.

To every family who joined us, thank you for taking the time to learn, connect, ask questions, share your experiences, and strengthen our bleeding disorders community. Your courage, resilience, and willingness to support one another are what make this community so special.

A heartfelt thank you to our incredible sponsors for making this day possible. Your partnership and commitment to the bleeding disorders community allow us to provide meaningful education, valuable resources, and opportunities for families to build lifelong connections. We simply couldn't do it without you.

Together, we are building a stronger, more informed, and more connected community. Thank you for being part of the BDH family, we can't wait to see you at our next event!



THANK YOU

to our amazing sponsors!



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SandsRx 

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HEALTH





 **HERITAGE**
SPECIALTY PHARMACY



**BLEEDING DISORDERS
OF THE HEARTLAND**


**Stronger
Together!** 



THANK YOU

to our towel sponsor!



★ **TOWEL SPONSOR** ★

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OF THE HEARTLAND





THANK YOU

TO OUR

2026

FAMILY EDUCATION DAY

Lunch Sponsor

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WHAT'S NEXT? YOU DECIDE.

At Genentech, we're committed to supporting the hemophilia A community in ways that go beyond treatment and focus on you as a person. From sharing real stories and experiences from our Patient Ambassadors, to an educational rap anthem for a hemophilia A treatment, to one-on-one support from a team of experts, we're here to help you take on what comes next.

SCAN THE QR CODE TO SEE HOW
GENENTECH AND THE HEMOPHILIA
A COMMUNITY ARE EMBRACING
WHAT'S NEXT, TOGETHER.



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**GENENTECH IN
HEMOPHILIA**

Genentech
A Member of the Roche Group

Are you looking for a small way to make a difference?

Our Raise Right Campaign is the perfect way to do so!



You can purchase digital gift cards and within moments put them on your digital wallets to use instantly!

It only takes a few clicks. Then their company will donate a percentage to us... **with no increased cost to you!**



AND MORE!

Click this button to learn more and start making a difference today!



CLICK HERE





Looking for a Way to Support Bleeding Disorders of the Heartland?

We're currently collecting gift baskets for upcoming events, and we'd welcome your help!

Are you a small business or know someone who owns a small business looking to get your/their name out there?

Do you want to support our mission in a fun and meaningful way?

Looking for a simple way to give back to the bleeding disorders community?

This is the perfect opportunity! Donating a basket is a great way to showcase your products or services while making a difference for families affected by bleeding disorders.

Interested or want more info? We'd love to hear from you!

CONTACT

**Contact Amber at bdh_staffbdheartland.org
or (319)721-3477 to start this process!**



SAVE THE DATE

HFA SYMPOSIUM 2027

BELLEVUE/SEATTLE
APRIL 1-3 • 2027

WWW.HFASYMPOSIUM.ORG





BLEEDING DISORDERS
OF THE HEARTLAND

ZOOM SESSION #2

LEAD, CONNECT & GROW

Strengthen your voice.
Build your community. Shape your future.



OCTOBER 19



6:00 PM – 8:00 PM

TOPICS INCLUDE:



Leadership skills



Communication & self-advocacy



Building confidence



Creating community connections



Preparing for the Teen Retreat



Let's grow
together!



LEARN MORE AT
HEMGENIX.COM



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Save One Life is a nonprofit organization dedicated to improving the quality of life for individuals and families affected by bleeding disorders (such as hemophilia) in developing countries. They provide direct financial assistance, educational opportunities, and medical resources to those in need.

CLICK TO WATCH



WHEELS FOR THE WORLD

Wheels for the World: A Journey of Inspiration, Hope, and Resilience

WHAT IS IT ABOUT?

This powerful short documentary follows Vaughn Ripley on an extraordinary journey—cycling 756 miles from Bethel, Maine to Harpers Ferry, West Virginia, alongside the Appalachian Trail and climbing nearly 37,000 feet of elevation. Through breathtaking footage and personal reflection, this film captures the perseverance, determination, and hope that define the global bleeding disorders community—and highlights Save One Life's mission to support individuals and families who need it most.

VISIT THIS LINK:

[HTTPS://WWW.YOUTUBE.COM/WATCH?V=IMB6WAFD070](https://www.youtube.com/watch?v=IMB6WAFD070)
TO WATCH THE SHORT DOCUMENTARY.



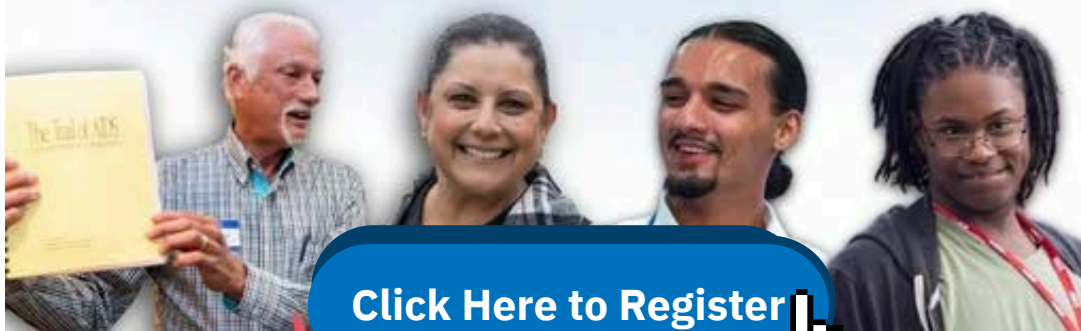
VOICE OF THE COMMUNITY

"That was an amazing experience,
and I truly appreciated the
opportunity to participate."

DJ Fowler - Community Member



SPECIAL BLACK FRIDAY GIFT:
\$25 GIFT CARD IF YOU REGISTER BY
FRIDAY, DECEMBER 5TH, 2025, AND
COMPLETE A SESSION!



[Click Here to Register](#)



Help shape the future of the bleeding disorders community by joining an HFA Voice of the Community session! Share what life with a bleeding disorder looks like — what helps you thrive, what challenges you face, and what you want to see change.

Each 60-minute session is facilitated by HFA staff, guiding discussion as we:

- Explore the future together.
- Share ideas and lived experiences.
- Co-create possibilities debuting at Symposium 2026.

Session times appear under each dated sign-up option.



CORNHOLE TOURNAMENT



★ ★ ★
MAY 30TH

THANK YOU

— TO OUR SPONSORS FOR SUPPORTING A GREAT CAUSE! —

THANK YOU TO:



**AND THANK YOU TO
OUR SPONSORS:**



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Biotherapies for Life™

THANK YOU TO:

**John Thorson,
Octapharma**



BLEEDING DISORDERS
OF THE HEARTLAND

BDHEARTLAND.ORG



FACTORING FAIRWAYS

FOR
Families

2026 GOLF EVENT



10:00–10:45 AM
REGISTRATION



11:00 AM
SHOT GUN START



FOLLOWED BY
RECEPTION / PRIZES



— *Thank You* TO OUR EVENT SPONSORS! —

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STATE BANK**

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MURPHY**


**MADISON COUNTY
ABSTRACT CO.**

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HEALTH®**
Simplifying Complex Care



THANK YOU
TO ALL THE BUSINESSES
THAT **DONATED** TO OUR EVENT!



STRONGER TOGETHER

MEN'S EVENT

We are stronger when we connect,
support and learn from one another.

THANK YOU TO OUR SPONSORS!

PREMIERE

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PLATINUM



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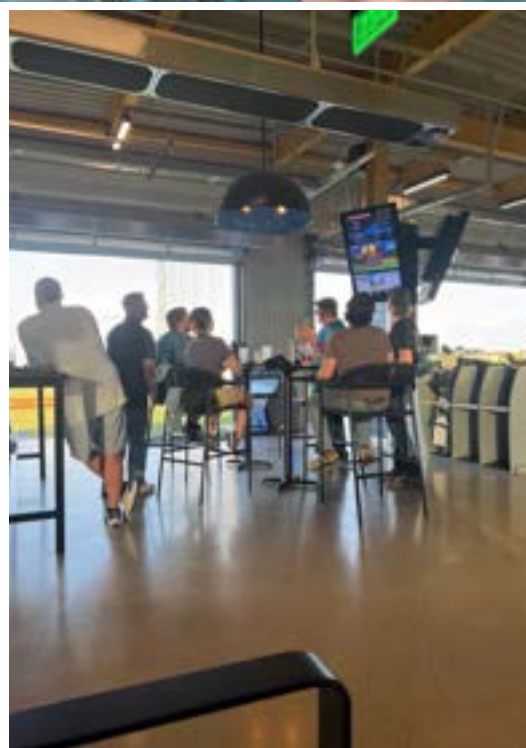
Stronger Together Men's Event

On May 31, 2026, Bleeding Disorders of the Heartland welcomed men from across our community to Ankeny for our annual Stronger Together Men's Event. The day provided an opportunity for participants to connect with others who understand the unique challenges of living with a bleeding disorder while building lasting friendships and strengthening their support network.

The event featured meaningful conversations, shared experiences, and a fun evening at Topgolf, creating a relaxed environment where attendees could learn from one another and enjoy time together. From discussions about managing health and navigating everyday life to plenty of laughter and camaraderie, the event reinforced the importance of connection within our bleeding disorders community.

Thank you to everyone who attended and to our generous sponsors and volunteers who made this memorable event possible.

Together, we continue to build a stronger, more connected community.





BLEEDING DISORDERS
OF THE HEARTLAND

CHANGING LIVES.
BUILDING COMMUNITY.

Creating Hope. 

**Every person with a bleeding disorder
deserves the opportunity to live a
healthy, active, and connected life.**

Bleeding Disorders of the Heartland (BDH) is a 501(c)(3) nonprofit organization dedicated to improving the quality of life for individuals and families affected by inherited bleeding disorders throughout Iowa and surrounding communities.

We provide education, advocacy, support, and meaningful connections for people living with conditions such as hemophilia, von Willebrand disease, rare factor deficiencies, and platelet disorders.

A bleeding disorder is more than a medical diagnosis—it affects every stage of life. Families often face complex medical treatments, insurance challenges, financial burdens, school and workplace accommodations, and the emotional impact of living with a lifelong condition. **No family should have to navigate these challenges alone.**

WHAT WE DO

Each year, BDH provides programs and services that help individuals and families thrive, including:



Family educational
conferences and
workshops



Adult retreats and
community events



Children's summer
camp experiences



Advocacy at the state
and national level



Teen leadership and
life skills programming



Scholarships and emergency
patient assistance

- ♥ Connections to trusted medical experts and community resources
- ♥ Peer support for newly diagnosed families and caregivers

Through these programs, individuals gain confidence in managing their condition while building friendships and lifelong support networks.



WHY YOUR SUPPORT MATTERS

Your investment directly helps us:

- ♥ Keep educational programs affordable and accessible
- ♥ Provide life-changing experiences for children and teens
- ♥ Expand outreach to newly diagnosed families
- ♥ Strengthen advocacy efforts that improve access to care
- ♥ Reduce isolation by creating opportunities for connection
- ♥ Ensure families receive trusted information and support when they need it most

Every dollar invested helps create healthier outcomes, stronger families, and a more connected bleeding disorders community.

THE IMPACT

When you support Bleeding Disorders of the Heartland, you are investing in:



Education that empowers
individuals to confidently
manage their health.



Connection that reminds
families they are
never alone.



Advocacy that protects
access to lifesaving treatment
and quality healthcare.



Hope for children, teens,
and adults living with
lifelong bleeding disorders.

JOIN US

Whether through sponsorship, corporate giving, grants, volunteerism, or individual donations, your partnership makes a lasting difference.

*Together, we can ensure that
no one in our bleeding disorders
community faces their
journey alone.*



www.bdheartland

SCAN HERE

to learn more,
partner with us,
or make a gift
today!



Because every family deserves hope,
every child deserves opportunity,
and every individual deserves a
community that stands beside them.



www.bdheartland
Bleeding Disorders of the Heartland
info@bdheartland.org

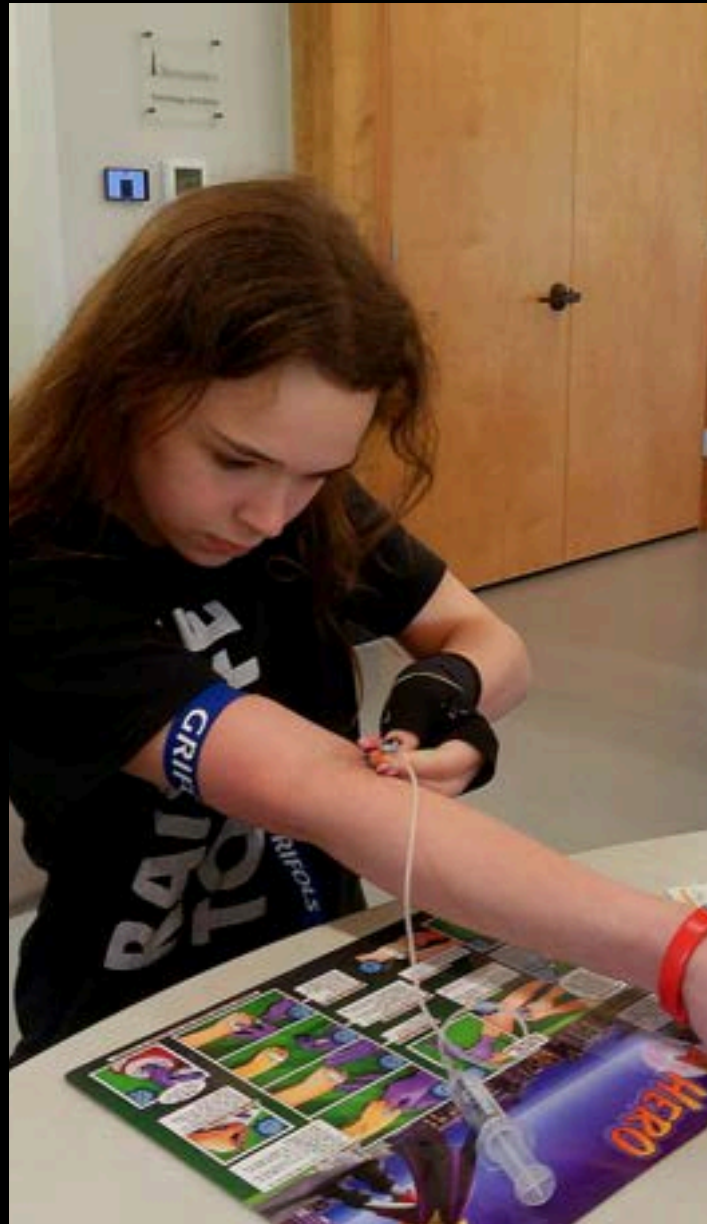


SERVING IOWA
& SURROUNDING
COMMUNITIES











BLEEDING DISORDERS CAMP

THANK YOU

TO OUR 2026 SPONSORS!

YOUR SUPPORT HELPS MAKE BLEEDING DISORDERS CAMP
AN UNFORGETTABLE EXPERIENCE!



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THANK YOU FOR INVESTING
IN OUR CAMPERS AND THEIR FUTURES!



BLEEDING DISORDERS
OF THE HEARTLAND



BLEEDING DISORDERS
OF THE HEARTLAND

SAVE THE DATE



2027 Bleeding Disorders Camp

JUNE 20-25, 2027

≡ Mark Your Calendars! ≡





LEARN MORE 

Government Relations Update - June 2026

Source: National Bleeding Disorders Website/Released July 8, 2026

Medicaid Work Reporting Requirements

On June 1, the Centers for Medicare and Medicaid Services (CMS) released guidance for states on how to implement the community engagement requirements (also known as work reporting requirements). As a result of a provision included in H.R. 1, beginning January 1, 2027, states are required to implement these requirements as a condition of Medicaid eligibility for certain beneficiaries. NBDF, alongside partner organizations, has been very engaged on this issue – protecting access to insurance for individuals living with bleeding disorders is NBDF’s top priority. This has included sending a letter to all State Medicaid Directors requesting that individuals living with a bleeding disorder be excluded from these new requirements based on the medical frailty definition included in H.R. 1. Under this definition, someone living with a serious or complex medical condition would be considered “medically frail” and excluded from the requirements. The June 1 guidance, however, went beyond what was included in the law and specifies that someone must not only have a serious or complex medical condition but also that the State must prove this condition prevents the individual from being able to work.

On June 30, a group of 26 states sued CMS in federal court over the work requirements guidance. The plaintiffs charge that CMS’s guidance sets out a definition of medical frailty that is harsher than and contrary to the language of H.R. 1. The plaintiffs further assert that CMS’s guidance “arbitrarily and capriciously” fails to consider the burden imposed on states and on Medicaid enrollees. The plaintiffs ask the court to invalidate provisions of the guidance, and to pause implementation and enforcement of those provisions pending judicial review.

NBDF issued a statement on the CMS guidance and will continue to provide the community with the information and tools necessary to help individuals keep their Medicaid coverage.



WHY WE NEED YOU...

At Bleeding Disorders of the Heartland, every program, camp, retreat, and educational event we provide is made possible because of people like you. Your support directly impacts families across our region—helping them feel connected, educated, and supported as they navigate life with a bleeding disorder.

If you've ever been touched by the work we do, or believe in building strong, supported communities—now is the perfect time to give.

Watch our story and see the
impact your gift makes:

[Click Here!](#)

**Together, we're stronger.
Together, we're changing lives.**

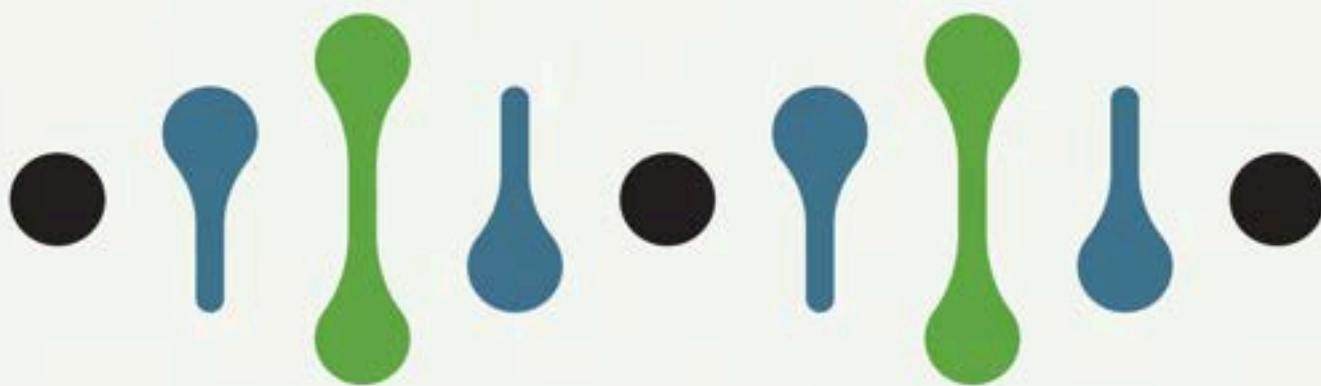


BEQVEZTM

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Suspension for intravenous infusion 1×10^{13} vg/mL

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**REGISTRATION & INFORMATION
CAN BE FOUND
ON THE WEBSITE ON THE EVENTS TAB**

2027



ADVOCACY DAY

JOIN US AT THE CAPITOL

**Bleeding Disorders of the Heartland
invites YOU to be a voice for individuals and families
affected with bleeding disorders.**

**February 8th 9-12:30pm Lunch/Training in Urbandale,
followed by time at the Capitol Building, Des Moines.**



Make a Difference

**Your voice matters!
Help advocate for policies
that directly impact the
bleeding disorders
community.**



Connect with Lawmakers

**Meet with state and federal
representatives to discuss
critical issues.**



Strengthen Our Community

**Stand together with
others who understand
the challenges faced by
those living with
bleeding disorders.**



**Contact Us
319--721-1664**



**Visit Our Website
www.bdheartland.org**



**Our Location
103 5th Ave,
Durant, Iowa 52747**



Bleeding Disorders of the Heartland
103 5th Ave
Durant, Iowa 52747
Tel: (319) 721-1664
Fax: 615-900-1487
Email us at: bdh_director@bdheartland.org



The Bleeding Disorders of the Heartland (BDH) asks for your contributions to support the programs and activities of BDH that focus on advocacy, awareness, education and mentorship of families and new families. You can make a financial contribution by going online to our website at www.bdheartland.org or by mailing your check to our office. Does your workplace offer an employee matching gift program? We have numerous fundraising events throughout the year that you can attend and financially support as well. Help us share the word about the mission of BDH.

Thank you for making a difference!

This contribution is made in memory or honor of _____

Name: _____

Address: _____

City: _____ State: _____ Zip Code: _____

BDH is a nonprofit 501 © 3 organization that exists to educate, connect, and support those affected with bleeding disorders.